



## Minutes

Thursday, March 19<sup>th</sup>, 2026

Location: Aurora Middle School, Lac LaBiche

**Called in absent:**

East	Central	West
Art Smith	Ardmore	Aurora Middle school
Assumption	BCHS	École Beauséjour
<b>Cold Lake High School (ABS)</b>	Dr. Brosseau	Caslan
Cold Lake Middle School	École des Beaux-Lacs	École Ste-Catherine
École Voyageur	HEB (Online)	École Plamondon School
<b>Elizabeth Settlement (Called In ABS)</b>	Iron River	Light of Christ
Holy Cross	Notre Dame	JAWS
John N.A. Janvier School		Kikino
Nelson Heights		
St. Dominic		
North Star Elementary		

1	<b>Call to order: 10:01 am</b>
2	<b>Motion to accept minutes from September 2025:</b> Donavan - Steven
3	<b>Additions to Agenda:</b> Items in new business - Steven discussion about coaching situation - recruitment
4	<b>Introduction of the members:</b> Members introduced themselves and the school they represent.
5	<b>Treasurer report (Samantha):</b> Balance to date is <b>\$12 614.65</b> Cheque for \$ none  Outstanding Bills: \$ none  <i>All Medals have been paid</i>

6

**Past Business:**

**New Notice of Motions: (To be voted at the March 2026 meeting)**

- For Badminton (Have a Ward template – Google Share document) that would show top 5 results for each category) AD’s would simply confirm on shared document instead of calling other school to replace advancers. Ward Host will have Editing rights and all others will have Comments (vote: All were in favor – Carried)
- Athletics: Should we think about removing the obligation that Senior category must use block for sprinting events???? For SR sprinting events, Starting Blocks are **optional**. (vote: All were in favor – Carried)
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- NOM : Étienne V. Beauséjour Tabled until June meeting
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**Curent:**

**ARTICLE SIXTEEN**

**COMPETITION - WARD AND DISTRICT**

*\* During Wards/Districts, teams will be unable to have more than 2 grade 9s on the floor at any given time (Applicable ONLY to grades 7/8/9 Division).*

**Proposed:**

**ARTICLE SIXTEEN**

**COMPETITION - WARD AND DISTRICT**

*\* During Wards/Districts, teams will be unable to have more than 2 grade 9s on the floor at any given time (Applicable ONLY to grades 7/8/9 Division). **For co-ed teams, teams will be unable to have more than 2 grade 9s boys on the floor at any given time.***

**Rationale:**

Co-ed teams are formed when there’s a lack of athletes in the school. Restricting only to boys will put fewer restrictions on smaller schools regarding eligibility of players, while girls competing in the boys category are usually not as strong as the boys.

- **NOM : Heather Friedrich (sent Feb 22 2026) Can be voted at March meeting**

All rosters must be declared and sent to the hosting school **1 week** prior to the Ward Tournament. [Basketball]

Submitted rosters for Wards must remain the same for any teams advancing on to the District Tournament. [Volleyball and Basketball]

A template will be developed. (vote: All were in favor – Carried)

- **NOM : Tracy Casselman**

Can we please have added to the meeting agenda a proposal for basketball wards to happen during the school day on a Friday. I am aware that this would take up instructional time but we also give up instructional time for the musical etc. We are finding more and more that our athletes are not available to compete on that weekend of basketball wards as there is soccer slush cup and many other commitments. Districts weekend never seems to have any conflicts for time but we sure lose many bears during the basketball wards. I am wondering if there are any other reps or parents in schools that feel the same as this concern was brought forth by many parents and all of my coaches. Please consider moving basketball wards to during the day on a Friday.

Thanks everyone!

Tracy

Tabled until June meeting

7

**New Business:**

1. Please add Links in the Agenda to these 2 Badminton Items for when we talk about District Badminton.

- [LSAA District Badminton Information Package 2026](#)
- [Badminton Resources](#)

Steven Reid

Links have been added to LSAA website

8

**Past Events Reports:**

**- Mountain Bike Race (East – Donovan/Mitch) :**

- Lots of changes due to a road closure.
- The construction crew was very accommodating.
- Routes will need to be adjusted to increase the level of challenge.
- An uphill finish is preferable.

**- Cross-Country Run (East – Donovan/Mitch) :**

- All went very well.
- Buses were ok for drop-off and pick-up
- Very difficult for spectators, but kids are the priority
- Parks personnel were great and very helpful
- Still a difficulty for emergency personnel to access site.

**Volleyball**

League Coordinators:

- Overall, it was a very good season for all the wards in volleyball

**Basketball**

- For basketball, all the wards reported having a very good season. One issue was raised for the Grade 5–6 basketball league, where some teams are intentionally fouling to run down the clock and prevent scoring. A possible solution could be awarding a point in the final minute of play, which could be brought forward as a suggestion or a notice of motion. Additionally, the referee association requested that, when possible, two games be scheduled per evening at one venue, as this would simplify scheduling, allow referees to officiate multiple games, and reduce travel time and associated costs.

**Badminton:**

**Badminton Wards**

**Tyro/Novice:** (Tuesday, April 21<sup>st</sup>) - \$10.00 per athlete

- Register by Friday, April 17<sup>th</sup>, 6pm
- (Central- Kennedy )
- (East – Amanda )

**Jr/Intermediate/Sr:** (Thursday, April 23<sup>rd</sup>) - \$10.00 per athlete

- Register by the Friday, April 17<sup>th</sup>, 6pm
- (Central- Kennedy )
- (East – Amanda )

**WEST Tyro/Nov/Jr/Intermediate/Sr:** (Thursday, April 23<sup>rd</sup>) - \$10.00 per athlete

- Register by the Friday, April 17<sup>th</sup>, 6pm
- (**West** - Steven )

**Badminton Districts** – Wednesday, April 29<sup>th</sup> hosted by West (Bold Centre)

Fee : \$0

Coordinator: Steven Reid

**Badminton Tournaments???? None were brought FWD.**

**Track and Field** – \$10.00 per athlete (wards only)

- Online Track and Field registration for Ward.
- Please make sure you can access your TrakieReg Account

**Wards:**

Monday, May 25<sup>th</sup> for East ward

Tuesday, May 26<sup>th</sup> for Central and West wards

**Meet Managers**

- (Central- Samantha Morrison)
- (East – Amanda Grievson)
- (West - Darcy Plamondon)

	<p><b>Districts – (Tuesday June 2<sup>nd</sup>) (Central Ward) – Walsh Field (Fee \$0)</b></p> <p><b>Meet Manager: Samantha Morrison BCHS</b></p>
9	<p><b>Google Drive – Game Sharing</b></p> <p><b>Game Sharing: (members introduce a new game they play at their school)</b></p>
10	<p><b>Information Items:</b></p> <ul style="list-style-type: none"> <li>- Reminder to wear your LSAA T-shirts at events</li> <li>- Please visit the LSAA website for the <b>latest version</b> of the events calendar and important sport specific dates.</li> <li>- If members have suggestions for the website, please contact Paul.</li> </ul>
11	<p><b>Other order of business:</b></p> <ul style="list-style-type: none"> <li>- Steven discussion about coaching situation - recruitment</li> </ul> <p>One suggestion to help attract coaches for school teams would be to waive sports fees for parents who volunteer as coaches, cover registration costs, and consider using funds from user groups to provide coaches with compensation or an honorarium. This is increasingly important, as it is becoming more difficult to find volunteers—whether teachers or parents—which is a growing concern for many schools striving to offer quality sports or after-school programs, as the shortage of coaches is becoming more complex to address.</p>
	<p><b>Next meeting: Monday, June 8<sup>th</sup>, 2026 - Location: (East) Nelson Heights School</b></p>
13	<p><b>Meeting adjourned: 1:30 pm</b></p>